

# **Camp Good Ol' Days**

## Camp Good Ol' Days Bio

Do you miss those days of waking up, knowing you were going to camp? Where you see all of your friends from last year and spend a few days laughing, running around, and exploring? Well here's your chance to have that again! No idea what we're talking about? Join us and find out!

Camp Good Ol' Days is for adults ages 21-35 to spend time being a kid again. Adventures, games, crafts, hikes, and bonfires all centered around our adult selves being a child at heart. Join us for a half week of activities to help you navigate adulthood and hopefully make your inner child happy!

Hello Friends,

Welcome to the first year of Camp Good Ol' Days. Our goal is to create a few days of nostalgia and excitement. For those of you who have been to camp before, we hope this brings you the same love and joy you felt as a child. If you haven't been to camp before, we hope this experience is new and something you didn't realize you needed. Our time together will be spent doing all the same activities from when we were children with some added adult fun. More information is to follow leading up to camp. Welcome!

Sincerely,

Kat and Phoenix

Please feel free to text either Director for any questions or need more information.

Kat- (716)525-4501

Phoenix- (716)275-3414

#### Partial Packing List:

- Bedding: sheets, sleeping bags, pillows
- Hygiene: shampoo, conditioner, body wash, towels, shower shoes, deodorant
- Clothing: pack for all weather conditions
- White t-shirt for an activity and anything white to tie-dye
- Extras: sunscreen, bug spray, flashlights, snacks