

Dunkirk Camp & Conference Center

3602 Lakeshore Drive East • Dunkirk, NY 14048 • (716) 366-1900



Swim Camp Packing List



- Completed health form if not already sent in
(must be signed by a doctor)
- No cell phones please
- Swim goggles *(if needed)*
- Ear plugs for the pool *(if needed)*
- Swim cap *(optional)*
- Water bottle (with name on it)
- Flashlight and night light *(if needed)*
- Personal items *(toiletries)*
- Bag/basket/bucket to carry toiletries to showers
- Bath towel and wash cloth
- Swimsuit and towel *(No bikinis please)*
- Two pairs of sturdy shoes/sneakers *(one to get wet)*
- Flip-flops for the pool and shower
- At least 6 changes of clothing *(we will get wet)*
- Sweatshirt or jacket for possible cool evenings
along the lake *(check forecast)*
- Sleeping bag and pillow and an extra set of sheets
(It may be too warm for a bag)
- A favorite book or game for quiet time
- Dirty clothes bag *(big garbage bag works great)*
- Rain gear *(check forecast)*
- Squirt gun or super soaker
- Bug spray
- Sun screen
- White T-shirt for tie-dying
- Old white T-shirt and old shorts to get ruined